

Summer Timetable 2015



Normal opening until Monday July 20th

Monday				
	10.00-11.30	General	Janet	
	18.15-19.45	Intermediate	Janet	
	20.00-21.30	General	Zoe	
Tuesday				
	9.30 – 11.00	General	Bob	
	18.15 – 7.45	Beginner	Jacob	
	20.00 – 21.30	Inter	Jacob	
Wednesday				
	10.00-11.30	General	Bob	
	19.45 – 21.15	Beginners	Zoe	
Thursday				
	10.00-12.00	Inter Women's	Lizzie	
	18.15-19.30	Beginners	Luke	
	19.00-20.30	General	Lizzie	
Friday				
	18.00 – 19.30	Restorative	Zoe	
Saturday				
	9.45 – 11.15	Inter	Luke	No class on 1/8 Uday Workshop
	11.30- 13.00	General	Luke	No class on 1/8 Uday Workshop
Sunday				
	10 – 11.30	General	Zoe	

July 31 & Aug 1 – Uday Bhosale Workshop – all welcome. If you haven't been to a Yoga day before, here is the ideal opportunity to find out how much fun they are and how much you can learn.

On Friday evening, July 31, there will be a mini garden party to celebrate summer at Yogawest and Uday being back in the UK.

August 31st Bank Holiday please check online

September 1st – Full time table resumes