



Yogawest Christmas Timetable 2015/16

Classes on every day except Christmas Eve, Christmas Day and New Year's Day

DECEMBER

Monday 21			
	10.00–11.30	General	Janet
	19.00– 20.30	General	Zoe H
Tuesday 22			
	9.30–11.00	General	Zoe H
	18.15–19.45	General	Jacob
	20.00–21.30	Intermediate	Jacob
Wednesday 23			
	10.00–11.30	General	Melroy
	19.30–21.00	General	Zoe H
Thursday 24	Christmas Eve	closed	
Friday 25	Christmas Day	closed	
Saturday 26			
	Boxing Day		
	11.00–12.30	General	Zoe H
Sunday 27			
	10.00–11.30	General	Sam
	11.45–13.15	Intermediate	Sam
Monday 28			
	10.00–11.30	General	Janet
	19.00–20.30	General	Zoe H
Tuesday 29			
	9.30–11.00	General	Paul Reilly
	18.15–19.45	General	Paul Reilly
	20.00–21.30	Intermediate	Paul Reilly
Wednesday 30			
	10.00–11.30	General	Melroy
	19.30–21.00	General	Zoe H
Thursday 31			
	New Year's Eve		
	10.00–12.00	General (2 hours) all welcome incl. men!	Paul Reilly

JANUARY

Friday 1	New Year's Day	closed	
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FULL TIMETABLE RESUMES on Saturday January 2nd 2016

Happy Christmas and a wonderful New Year to all!

